

Bergamot Herb - *Monarda fistulosa*

Last Updated Friday, 01 February 2008

Family: Lamiaceae Some Common Names : Beebalm and Oswego Tea Some Common Uses: Bergamot has been used to treat a variety of symptoms of colds, chest and throat discomfort, mild digestive complaints, head aches, anxiety, antiseptic, anti-spasmodic, deodorant, sedative, tonic and insect repellent. As an external agent, it is applied as a poultice to skin eruptions, cuts, etc and has been used to flush eyes. The leaves also contain "thymol" as essential oil that can be used to expel gas from the digestive system.

Get Current Prices [Click Here](#) - must be logged in or register.